



Maria Alme, PhD, Professor at Western Norway University of Applied, Bergen, Norway. Fulbright Visiting Scholar (2015)

My name is Maria Alme and I work as an associate professor at Western Norway University of Applied Sciences (or HVL as we say) in Bergen, Norway. Here I teach physiology, mainly for students in physiotherapy and occupational therapy, and I am involved in projects around learning, migrant health, health equity, and neuroscience. I come from the neuroscience field, and I don't think I'll ever stop being fascinated of our amazing brain. I have worked with molecular mechanisms for learning and memory and with the interplay between the brain and our immune system. Now, I work more on the rehabilitation side. In this talk we will take a look into what happens in our brains when we learn, how it helps us throughout the day and why our brain loves it when we dance or sing (or both!).